



aylesburyvineyard  
**STOREHOUSE**

Free emotional and well-being support for families through POP at Vineyard Storehouse

To sign up or for more information contact:  
[pop@aylesburyvineyard.org](mailto:pop@aylesburyvineyard.org)  
or call 01296 424440

Support has been adapted to online work and will take place in line with current government guidance and updated.



### **PARENT SUPPORT COMMUNITY**

An online private Facebook community of parents for you to share events, get activity ideas, encourage one another, ask questions to Mim and celebrate your parenting wins.



6-16 weeks

### **PARENT PLAY COACHING**

Individual parenting coaching sessions to strengthen relationships with your child through establishing a special daily play time. Learn new play skills and how to make sense of your child's behaviour.

6 fun weeks



### **POP FAMILY CLUB**

A weekly online family fun club for you and your primary aged children. Join Mim and two other families for new play ideas, creative arts activities and tips for playing at home together.



run by Mim Jannetta  
Play Therapist



min. 12 weeks

### **PLAY THERAPY**

Individual Play Therapy for your child (ages 3-18 years), to help them recover from difficulties which are impacting their emotions and behaviour and help them grown in confidence.

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### About us



Aylesbury Vineyard Church has been serving our community in the Vale of Aylesbury for over 20 years. We're one of the largest Churches in Buckinghamshire. Through Aylesbury Vineyard Storehouse, we run a Food Bank and Community Fridge and provide furniture, household goods and babies & children's clothing and equipment, all free of charge. During the Covid-19 crisis, our non-Food Bank services are suspended.

Vineyard Storehouse Food Bank opening hours are currently Monday to Saturday, 10.00 am to 12.00 pm. If you need home delivery food support because of self-isolation, please contact us by email on [covidhelp@aylesburyvineyard.org](mailto:covidhelp@aylesburyvineyard.org) or via Facebook messenger or by leaving a voicemail message on **01296 424440** explaining your situation, with contact details, and we will do what we can to help.



Children causing you stress or a bigger challenge than before? Maybe we can help?



Children struggling with emotions, hyperactivity, friendships or behaviours? Give Play Therapy a try



Wish you had somewhere to share parenting highs and lows? Join our online Parent Support Community



Bored and tired of the same old activities and want free fresh ideas? Join our online POP Family Club



Wanting to find more support for your family but getting nowhere? Give us a call.

Keen for a fresh parenting perspective and approach that isn't a reward chart? Try Parent Play Coaching

